

# THE AGING BRAIN

A talk about 'dementia worry' or 'aging anxiety'

**SUSAN WEHRY, M.D. AND  
GRACE SIMONSON, OMS-II**



## ABOUT THE TALK

This presentation on the aging brain helps alleviate "dementia worry" (aging anxiety) which develops as fear of developing Alzheimer's disease or related conditions. The talk is 1 hour in length, with a voluntary, uncompensated pre- and post- survey.

## ABOUT THE SPEAKERS

**Grace Simonson** is a medical student on the board of the Geriatrics and Palliative Care Club at UNE College of Osteopathic Medicine. Her clinical and personal experiences have made her passionate about dementia-care for older adults, and she is eager to join Dr. Wehry and AgingME in their mission.

**Susan Wehry** is a board certified geriatric psychiatrist with almost 40 years of experience. She is the director of AgingME, a GWEP, to create a more age-friendly health system.

Learn about Dr. Wehry at [susanwehrymd.com](http://susanwehrymd.com).

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5 Maine Avenue,  
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**September 7th**  
**1 PM**



**Reimagining  
Dementia**  
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